

U3A Gold Coast Inc.

Name: (please print) _____ **Membership No.** _____ **Date:** _____

LOCATIONS: **A.F. - Australia Fair** **Margaret St (M.S.U. Upper Level) (M.S.L. Lower Level)**
C.C. - Community Centre
G.U. - Griffith University
S.B.C. Southport Bowls Club
S.C. - Southport Central Bldg (Tower 2, 4th Floor)
S.C.C. - Southport Croquet Club

I wish to enrol in the following classes:

PLEASE TICK
ARTS AND CRAFTS

ART - Basic Drawing	M.S.U.	Friday	9.00am-11.00am	
ART - Basic Art Skills	M.S.U.	Thursday	9.00am-12noon	
ART - Fluid Acrylic Advanced NO BEGINNERS	M.S.L.	Tuesday	10.30am-1.00pm	W/L
ART - Acrylic and Oil Painting WAITLIST CLOSED	M.S.L.	Wednesday	1.00pm-3.00pm	
ART - Intro to Acrylic Painting Australian Seascapes & Landscapes W/L CLOSED	M.S.L.	Monday	10.00am-12.00pm	
ART - Drawing and Watercolour A	M.S.U.	Thursday	12.15pm-2.15pm	W/L
ART - Drawing and Watercolour B	M.S.U.	Thursday	2.45pm-4.45pm	
ART - Watercolour NO ABSOLUTE BEGINNERS	M.S.U.	Tuesday	11.30am-1.30pm	W/L
Leatherwork	M.S.L.	Friday	1.00pm-3.00pm	

CARDS AND GAMES

Cards - Five Hundred NO BEGINNERS (Shop 1012)	A.F.	Monday	9.00am-11.00am	
Cards - Bridge Social (Shop 1012)	A.F.	Tuesday	9.00am-11.30am	
Cards - Cribbage	A.F.	Friday	11.15am-1.15pm	
Cards - Key Wild	M.S.L.	Thursday	12.00pm-3.00pm	
Cards - Canasta Social NO BEGINNERS (Shop 1012)	A.F.	Wednesday	1.00pm-3.00pm	
Mah-jong Absolute Beginners - WAITLIST CLOSED - next intake 2027	A.F.	Wednesday	9.00am-11.00am	
Mah-jong Beginners Plus - WAITLIST CLOSED - next intake 2027	A.F.	Friday	1.30pm-3.30pm	
Mah-jong Social (no tutor)	A.F.	Thursday	1.00pm-3.00pm	W/L
Rummikub Suite 2408	S.C.	Friday	11.15am-1.15pm	

COMPUTERS AND TECHNOLOGY

Master your Mobile Phone & Laptop One-on-One 1 hr Session 19 Oct - 16 Nov Book by Appointment Only at Reception NEW Suite 2408	S.C.	Monday	11.15-12.15pm or 12.15pm-1.15pm	
Generative AI Chatbots B: 3 weeks: 1-15 Sep Suite 2408 W/L CLOSED	S.C.	Tuesday	9.30am-11.00am	
Generative AI Chatbots C: 3 weeks: 6-20 Oct Suite 2408 W/L CLOSED	S.C.	Tuesday	9.30am-11.00am	
What is VPN 1 Class Only 12 Oct Suite 2408	S.C.	Monday	1.30pm-2.45pm	W/L
Cyber Security 1 Class Only 19 Oct Suite 2408	S.C.	Monday	1.30pm-2.45pm	
Cloud Storage 1 Class Only 26 Oct Suite 2408	S.C.	Monday	1.30pm-2.45pm	W/L
Introduction to Email 1 Class Only 2 Nov Suite 2408	S.C.	Monday	1.30pm-2.45pm	
Online Banking Security 1 Class Only NEW 9 Nov Suite 2408	S.C.	Monday	1.30pm-2.45pm	
Online Shopping 1 Class Only NEW 16 Nov Suite 2408	S.C.	Monday	1.30pm-2.45pm	

EXERCISE AND HEALTH

Tap Dancing - Beginners NO CLASS FIRST WED OF MONTH	C.C.	Wednesday	9.00am-10.00am	
Tap Dancing	C.C.	Thursday	9.30am-11.00am	
Fitness	C.C.	Tuesday	10.00am-11.00am	W/L
Table Tennis - Beginners	M.S.U.	Monday	9.00am-11.00am	
Table Tennis A - Social WAITLIST CLOSED	M.S.U.	Wednesday	9.00am-11.00am	
Table Tennis B - Social	M.S.U.	Wednesday	3.15pm-5.15pm	
Yoga A	C.C.	Monday	9.30am-10.30am	
Yoga B	C.C.	Friday	9.30am-10.30am	
Chair Yoga A	C.C.	Tuesday	9.30am-10.30am	
Chair Yoga B	C.C.	Friday	10.30am-11.30am	
Line Dancing - Introduction	M.S.U.	Monday	12.30pm-1.15pm	W/L
Line Dancing - Beginners	M.S.U.	Wednesday	12.30pm-1.30pm	
Line Dancing - Intermediate	M.S.U.	Wednesday	1.30pm- 3.00pm	
Rock'n'Roll - Beginners	C.C.	Tuesday	9.30am-10.30am	
Rock'n'Roll - Level 2	C.C.	Tuesday	10.30am-11.30am	
Tai Chi for Health A - WAITLIST CLOSED - next intake 2027	C.C.	Monday	10.00am-11.00am	
Chi (Pa Tuan Tsin) Gentle flowing exercise Shop (1012) WAITLIST CLOSED	A.F.	Thursday	10.30am-11.30am	
Pilates	M.S.U.	Tuesday	8.45am-9.45am	
S.S.S. (Seniors Simply Stretch) NO CLASS FIRST WED OF MONTH	C.C.	Wednesday	10.00am-11.00am	
Croquet Introduction Course: 4 weeks: 23 Sep - 15 Oct NEW	S.C.C.	Thursday	1.00pm-3.00pm	
Learn to Play Bowls Course: 6 weeks: 8 Oct - 12 Nov NEW	S.B.C.	Thursday	4.00pm-5.30pm	

09/09/2026

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PLEASE TICK
HUMANITIES

World History	Suite 2408	S.C.	Friday	9.00am-11.00am	
Creative Writing	(1st & 3rd Wed of month)	A.F.	Wednesday	11.15am-1.15pm	
Women in Art, Music & Literature	Classes recommence 22 Sept	A.F.	Tuesday	1.30pm-3.30pm	
Lifting the Lid on History	(2nd & 4th Wed of month)	A.F.	Wednesday	11.15am-1.15pm	
Evolution of the Western Culture		A.F.	Wednesday	1.30pm-3.30pm	
Italian Cuisine: History & Recipes		A.F.	Thursday	9.00am-11.00am	
Lecture: The Impressionists	17 Sep Suite 2405	S.C.	Thursday	11.15am- 12.45pm	
Lecture Series by Amanda De Fina:					
Unlock the Mind of a Revolutionary Thinker! Charles Darwin	30 Sep 2405	S.C.	Wednesday	1.00pm-3.00pm	
History's Wildest Plot Twist You've Never Heard Of!	28 Oct Suite 2405	S.C.	Wednesday	1.00pm-3.00pm	
A Whirlwind Tour Through the Generations!	25 Nov Suite 2405	S.C.	Wednesday	1.00pm-3.00pm	

LANGUAGES

French - Beginners	10 weeks: 23 Sep - 25 Nov	Suite 2405	S.C.	Wednesday	10.00am-12.00pm	
French - Advanced			C.C.	Thursday	11.00am-1.00pm	W/L
French - Intermediate	WAITLIST CLOSED - next intake 2027		C.C.	Thursday	1.00pm-3.00pm	
Italian - Beginners to Elementary			C.C.	Friday	11.00am-12.30pm	
Italian - Intermediate			C.C.	Tuesday	9.00am-11.00am	
Spanish - Beginners Plus	NO ABSOLUTE BEGINNERS		C.C.	Wednesday	10.30am-12.00pm	

MUSIC

Guitar - Social		M.S.U.	Monday	1.30pm-3.30pm	
Sing for Fun	(fortnightly)	M.S.L.	Thursday	3.15pm-4.45pm	
Ukulele - Beginners		M.S.U.	Tuesday	2.00pm-2.45pm	
Ukulele - Play Along		M.S.U.	Tuesday	2.45pm-5.00pm	

GENERAL INTEREST / DISCUSSION GROUPS

Armchair Travel		A.F.	Tuesday	9.00am-11.00am	
Current Affairs		A.F.	Monday	11.00am-1.00pm	
Lecture: Migratory Birds of the Gold Coast	24 Sept Suite 2405	S.C.	Thursday	11.15am-12.45pm	
Lecture: Griffith University - The World of Travel for Seniors	NEW 18 Sept	G.U.	Friday	1.00pm-3.00pm	
Lecture: Griffith University - Aged Care	30 Oct	G.U.	Friday	1.00pm-3.00pm	

APOLOGIES - Please use the Member Portal or contact Reception phone 5591 6671 or email reception@u3asouthport.au

Please check our latest Newsletter or the Office Notice Board for Social Outings, Griffith University Lectures

IMPORTANT NOTE: As some classes have a waiting list, members are requested to advise the Tutor or the U3A Southport office if they no longer wish to attend

3 consecutive unexplained absences (2 for Art Classes) will result in deletion from the class.

9/09/2026