

U3 A Southport
UNIVERSITY OF THE THIRD AGE

NEWSLETTER

November 2023



Welcome to all the New Members who joined during Qld Seniors' Month and we hope you enjoy your classes.

2024 Membership Renewals

Opens during the week commencing *Monday 6 November*. Online renewal will be available and will be the easiest way for you to renew.

Thank You!

To all those volunteers and members that took part in the Seniors Connect Fest at Australia Fair in October. We couldn't have done it without you!

What a fabulous event that was enjoyed by all! See the photos on the following pages.

Help us celebrate our 35th Birthday!

4pm Saturday 18 November
at the Margaret St Hall.

Christmas Raffle Tickets



We have some wonderful prizes! Tickets will be on sale at Reception or see a Committee Member.

Acknowledgement: The U3A Southport Newsletter is kindly printed by the office of ROB MOLHOEK M.P. Member for Southport.



Office: Australia Fair, Level 1, Shop 1074. Open 9am-1pm Mon-Fri.

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Newsletter Editor: Kim Carter U3A Gold Coast Inc



Committee Members

President: Lou Stevens
Treasurer: Wendy Barker
Secretary: Amanda Cowser

Committee Members:

- Lesley Northey
- Lou Stevens
- Kim Carter
- Robyn Todd
- Michelle De La Rente
- Trish Alomes

Margaret K. has been a tireless worker for our U3A for many, many years and is now retiring due to family commitments. We thank Margaret for her enthusiasm and passion in organising events and functions for our members, and of course for her baking skills!

We welcome Trish Alomes, who will be replacing Margaret K. on the Social Committee. Trish is a long-standing member and will be a great asset to the Committee.

No. Members: 550

No. Tutors: approx. 50 No. Classes: approx. 70

No. Committee/Admin/Reception Volunteers: 18

Committee Achievements in past 12 months:

- ✓ Rebranded U3A Gold Coast Inc. to U3A Southport.
- ✓ Implemented an electronic membership and class management platform.
- ✓ Implemented new interactive website.
- ✓ Developed and implemented promotional plan with new look banner, newsletter, flyers, posters, U3A TV presentation, editorial in the Australian Over 50s Living & Lifestyle Guide and advertising in local newsletters.
- ✓ Promoted U3A Southport at:
 - > The Seniors Health & Lifestyle Expo in Southport in April.
 - The Botanical Bazaar in Nerang in August.
 - > The Men's Shed in September.
 - > Seniors' Month Australia Fair Connect Fest in October.
 - Probus and Bloke's Lounge in October.
- Expanded social activities and sourced a more economical bus tour company.
- ✓ Grown our membership by over 30%.
- ✓ Introduced fundraising activities such as raffles and art and book sales commission.
- ✓ Replaced committee computers and refurbished the Reception Area.
- ✓ Increased the number of classes held.



NEWS FROM THE PRESIDENT & CLASS CO-ORDINATOR

Lou Stevens

CLASS CHANGES

Dancing for Fitness & Fun will now be held downstairs at Margaret St at 10am on a Thursday.

CLASS ENROLMENTS

To assist us with class limits, **it is essential** that members enrol in classes before attending.

2024 MEMBERSHIP RENEWALS:

Open on Monday 6 November.

IMPORTANT: Your classes from 2023 will not be carried over into 2024. **You must enrol for your 2024 classes. This includes new members.**

LAST DAY 2023:

Semester 2: Finishes on Friday 1 December

Office closes: Friday 8 December 2023

2024:

Office reopens: Monday 29 January 2024

Semester 1: Monday 5 Feb – Friday 28 Jun

Semester 2: Monday 29 Jul – Friday 6 Dec

EXPRESSIONS OF INTEREST:

If you are interested in any of the following classes in 2024, please note your name on the "Expression of Interest" Notices on the Noticeboard at Reception.

- Fishing
- African Drumming
- Mixed Craft
- Indoor Bowls
- Ten Pin Bowling
- Tango Dancing

THANK YOU TO ALL THE TUTORS

On behalf of the Committee and all the members, our heartfelt thanks to all the Tutors for sharing their expertise and their time for the enjoyment of all participants.

Sadly, we will be saying goodbye to *Marie Pryce* (Pilates Tutor) this semester and hope that she will be back in the future.

Thanks to *Peter Danka* (Guitar Tutor) who unfortunately will not be back next year.

We thank you both so much for the time and effort that you have put into U3A – you will be greatly missed.

New Tutors for these subjects are being sought.

We look forward to welcoming our Tutors back in 2024 for another year of fun and friendship.



Australia Fair Study Room 12.30pm - 3.00pm

Come along, bring a plate and a beverage to watch the "Race that Stops the Nation" at 2pm and enjoy the day amongst friends with prizes for best dressed, sweeps, games, lucky door prize and more.

RSVP by Thursday 2 November Reception



RSVP by Friday 10 November at Reception



OTHER SOCIAL EVENTS

Due to popularity of the River Cruise, we are taking bookings for another

SURFERS PARADISE RIVER CRUISE

WED 29 NOVEMBER



COST: \$35 PER PERSON

INCLUDES:

1½ hour sightseeing cruise and morning tea. Sit back, relax & enjoy the magnificent views as you cruise past homes of the rich & famous. Listen to a fun facts commentary as you cruise and capture that breathtaking photo from the sundeck. Be sure to keep a watch out for the playful pod of dolphins that call the river home.

\$35 Book and pay at U3A Reception.

Bookings Close Wednesday 22 November

THE NEXT "GET-TOGETHER" LUNCH

SATURDAY 25TH NOVEMBER

Approx. 11.30am / 12.00pm

will be held at

THE FISH SHAK

At Broadwater Parklands
At the end of Nerang St



Organiser: Pat Jones

Come along to one of our Monthly "Get-Together Lunches" on the last Saturday of the month. Try some different venues on the Gold Coast and meet new friends. Details are on the noticeboard or call the office for more information.



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JUST FOR FUN!

Have you had a look through your boardgames recently? How about brushing the dust off and getting them out next time your friends and family come around. They can be so much fun!

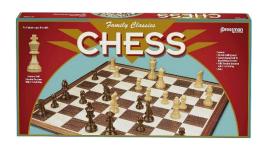


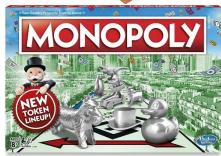












- © I used to think I was indecisive.
- But now I'm not so sure.
- © 9 out of 10 voices in my head tell me I'm crazy. The tenth is just humming.
- © After Tuesday, even the calendar says WTF.
- © You should always knock before opening a fridge, just in case there's a salad dressing inside.
- © A successful man is one who earns more than his wife can spend. A successful woman is one who knows where to look for such a man.
- © Don't worry if plan A fails. There are 25 more letters in the alphabet!
- © Sure, alcohol doesn't solve any problems. But then again, neither does milk.
- © I'm so glad we have brown cows, otherwise there wouldn't be any chocolate milk.

